



**Q** : I love that you sensed your husband driving before you actually met him. Can you share a bit about what happened to make you take a picture of him on the road?

**A:** One of intuition's key operations is that *it catches our attention*. The times when you notice something out of the blue – like when you happen to look at the clock at 11:11 or suddenly see a recurring theme in your life – these are often signs from the universe...and your intuition is showing them to you. My intuition got my attention the first time I saw my husband riding his motorcycle on the parkway. *He just caught my eye*. And then something about him resonated, drew me in. He was wearing some pretty cool safety gear, and I took a photo to share

it with a fellow biker. Wasn't I surprised that, after driving behind him for several miles, he pulled into the parking lot of my office building! It turns out he worked in that building too. Call it serendipity or alignment – It was, literally, love at first sight. I had a tough time explaining why I took that photo, a year later, when we finally started dating – until he got the whole intuition thing. Then, it all made perfect sense.

**Q:** I began reading *The Illumination Code* in the evening. Waking up that same morning, I saw a scene in my mind's eye that transpired identically three days later. It was because of the preview that I paid particular attention to someone and observed things that I might not have otherwise. Can you explain about precognition and entanglement?

**A:** This is a great example of what is possible when we tap into the inner field. Plus, our minds are particularly open during transitional periods between sleep and wakefulness, when our critical mind is out of the way. In your case, we can see both precognition and entanglement at work. Since the quantum revolution, we now know that time itself is an illusion of relativity – that everything that will ever happen or has happened, is happening in the now. This makes a once impossible concept like precognition suddenly possible. So, why don't we know everything that's happening everywhere, whenever we want? Because the vibration of our individual consciousness connects with what it is most entangled with. We entangle with other people and situations with our thoughts, feelings, and shared experiences. We entangle with what is meaningful to us. Through the power of entanglement, we can intuitively tap into – and download – meaningful information that helps us lead our lives or gain a higher perspective.

**Q:** A favorite quote of mine from your book *Radical Intuition* is "You may not be able to see the forest for the trees, but your higher, intuitive self can see the big picture, far behind you and long ahead of you." Sometimes my intuition reads ahead. For example, I sensed laughter about your

**sister (which did not make logical sense) only to read on and understand why. Is there a place where you sense intuition more?**

**A:** Part of what is so fascinating about intuition is that we all have our own unique way of experiencing it. Every person has their own intuitive language, which they can develop with attention and practice. Some people are deeply empathetic and, like you, can easily read energy from the field; some people enter into the field in dreams. Others may witness metaphysical happenings or other extraordinary occurrences. I think I first discovered my intuition through creativity; as a teenager, I remember doing a pen and ink drawing, and being in awe of how the picture effortlessly flowed out of me. I didn't make one mistake; it just all came together with ease, as though I was in the flow and an image poured out. It shook me at the time, since I didn't know then what I know now. I didn't understand how I could draw something without even trying. But now, we understand that creative downloads happen all the time when we get into the magic of the intuitive flow.

**Q: The vibration of *The Illumination Code* is high, especially the final chapter. How did you feel writing?**

**A:** Researching and writing this book changed my whole understanding of intuition...and the world we live in. The concept of the unified field and the work of groundbreaking scientists like Dr. Ervin Laszlo have laid the foundation for a new understanding of intuition – not as something supernatural or occult, but as a quantum phenomenon. This realization felt like I had stumbled onto the holy grail, that, finally, we had found the missing piece of the great intuition puzzle. *How does it work?* The existence of an invisible, nonlocal field of information that connects everything and everyone makes impossible things possible. We are now at the threshold of understanding what we can do when we access the quantum dimension of our mind. *This excited me!* And expanded my own consciousness in ways I could not have anticipated. The whole journey of

writing this book attracted some pretty amazing synchronicities and “impossible” experiences, which were great validations.

**Q: I felt joy learning that you are an artist! How did you create the intuition cards?**

**A:** Art can be such a joyful expression of intuition. It can also help us to *develop* our intuition. I realized this when I wrote my first book “The Psychic Workshop” – pictures and images create the perfect opportunity for our intuition to speak to us through metaphor. Back then, I made my own card deck from hand drawings. In 2020, I was finally able to design and publish the 56-card deck that we now use in IntuitionLab. The concept behind intuition card practice is that the images on a card tell each person a unique story that offers guidance or wisdom for their life. Image-gazing, it turns out, is an ancient sacred practice known in spiritual traditions as “visiodivina” – sacred seeing. I love knowing that, across the centuries, people have recognized the power in beauty, symbolism, and contemplation. You can practice with our free insight card deck at [www.kimchestney.com/insight-cards](http://www.kimchestney.com/insight-cards). €



You can learn more about author, intuitive healer, and jewelry artist Allison Bruce at [www.FlourishIntegralHealth.com](http://www.FlourishIntegralHealth.com)